

THE TEN-MINUTE PRE-TRIP CHECK

Ten questions before you close the pack and leave home.

A GOOD SEASON STARTS BEFORE THE TRIP

Start with the gear you already own. Check it, repair what still earns its place, replace only what you can no longer trust and fill the genuine gaps. The goal is not a perfect collection - it is a setup you understand and can rely on.

CHECK BEFORE EVERY TRIP

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Does the gear match the place, conditions and people?

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Is first aid complete, current and accessible?

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Have the weather and route been checked again?

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Are headtorch batteries charged, with a backup?

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Does someone know the plan and expected return time?

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Is emergency communication right for the location?

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Are shelter and warm layers easy to reach?

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Is there extra food and capacity for an unexpected delay?

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Is drinking water carried or reliably treatable?

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Is there a plan to carry every piece of waste home?

CHECK. REPAIR. REPLACE. PACK.

THE SEASON STARTS BEFORE THE TRIP.